

BIRTHDAY PARTIES



AT PINE BROOK FITNESS



GUIDELINES & FAQs

TIMES

Fridays: 5pm

Saturday: 12:30pm, 3pm, 5:30pm

Sunday: 10am, 12:30pm, 3pm

Guidelines & FAQs

Age Requirements:

Success At TRC, we find the most success when climbers are ages 3+. We offer our Pebbles Party Option for children turning 3-6. That said, we don't have a set minimum age requirement in our gym. As long as your child fits safely in a harness, we are happy to belay them up our walls! Our Classic Party Option is available for all other climbers 7+ (including adults!)

Staffing & Supervision:

Our birthday party staff prioritize safety, exceptional service, and fun. *Always*. As part of your package, you will have a team of belayers and one facilitator to make your party a success.

- Belayers, who operate the ropes, are staffed at a 1:5 ratio (1 belayer for every 5 climbers).*
- Facilitators are responsible for greeting your guests, supervising the belay staff, and making sure everyone is in the right place at the right time.

The TRC team working your party will: provide a facility orientation, outfit the gear, handle the ropes, coach your climbers, assist with set up and clean up, and make sure everyone is having a great time!

**For Pebbles Parties, belayers are staffed at a 1:3 ratio (1 belayer for every 3 climbers). You may request an extra belayer for an additional \$70.*

Attire:

TRC is an active environment! Guests should wear comfortable clothing that allows for freedom of movement. Short shorts and skirts should be avoided. *All climbers are required to wear sneakers.* Sandals and boots are not permitted.

Equipment:

TRC provides rental harnesses for all climbers. Climbing shoes are not included for birthday parties. Rental shoes are available if needed on an emergency basis at an additional cost.

Climbing Areas:

Climbing takes place in both the main area of the gym and the Training Center. Your party facilitator will determine the best places to climb based on party size, age, group ability, wall availability and safety considerations. Some parts of the gym are off-limits, like the bouldering area.

Party Space:

Throughout the duration of your birthday party, the upstairs party space is reserved for you. Guests will gather in this area to review rules and get harnessed up at the start of your party before heading downstairs to climb. Guests will then return here for food and cake after climbing time is up. Adults are welcome to use this space while the climbers climb! All we ask is that food and drinks remain inside your designated area. *The party space must be vacated promptly at the party end time.*

Decorations:

The majority of your party time will be spent climbing! So, we recommend keeping decorations to a minimum. If you like, we are able to provide tableware and paper goods for an additional \$25.

Balloons, especially Mylar and Helium balloons, are highly discouraged. We will charge a \$50 fee should we need to retrieve a balloon from the ceiling.

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Party Favors:

We offer the following party favors (price per guest):

- TRC Nalgene water bottle: \$17
- Climb On t-shirt: \$15*
- Chalk bag: \$15
- TRC drawstring backpack: \$10
- Group photos: \$3.50
- Mini-carabiner keychain: \$2.50
- TRC sticker: \$1

*The guest of honor gets a free t-shirt!

Cancellations

There is no charge for cancellation 2 weeks or more before the party date. A 50% charge will be made for parties cancelled with less than 2 weeks' notice. Full price will be charged for cancellations less than 48 hours before the party.*

Rescheduling:

A rescheduling fee of \$75 is charged for any parties rescheduled within 1 week of the party date. In the event of inclement weather, every effort will be made to reschedule your party and no rescheduling fee will be charged. If rescheduling is impossible no charge will be made.

Ground Rules:

Our rules are designed to prevent problems before they happen. At the start of your party, the facilitator will review the TRC rules with your guests. *For parties with kids, it is important for us to emphasize that swinging from ropes, gymnastics, running and horseplay are not permitted.* At TRC, we actively monitor for and enforce our rules and ask for your support in following them with your group.

Liability Waiver:

The Rock Club requires that all visitors, regardless of whether or not they are climbing, have a valid [waiver](#) filled out in order to be in the facility. Anyone under the age of 18 must have a waiver signed by their parent or legal guardian. For parties, we recommend reaching out to everyone on your guest list in advance in order to save time when you arrive on the day of your event!

Confirmation Call:

The week leading up to your birthday party, a member of our Front Desk team will call you to review all the details for your party. At this time, we will ask for a list of first and last names of all the climbers, so we can check for waivers in advance and give you a heads up who is still missing a waiver.

Payment:

At the end of your party, payment is finalized with the Front Desk. We accept payment by card, cash and check. We do not automatically charge the card on file.

Tipping:

If you are satisfied with your team, please let us know! Tips are not required, but greatly appreciated. Typically, customers like to tip anywhere between \$20-\$50 per staff.

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Booking:

When you are ready to move forward with booking your party, be prepared with a few dates in mind. Due to the high volume of bookings (because our parties are so awesome), it is highly recommended to book at least 2 months in advance. Whether you fill out a [birthday party planning form](#) online or call us directly at (914) 633-7625, a member of our Desk team will answer any questions you may have and walk you through the booking process. A credit card is required to hold your reservation.

Party Types & Pricing:

Classic Party
90 mins of climbing + 30 mins party room
Min 10 / Max 20 guests
\$40 per guest

Pebbles Party – Best for Ages 3-6
60 mins of climbing + 30 mins party room
Min 10 / Max 15 guests
\$40 per guest

Pizza Party -- We provide food, drinks & tableware for you!
90 mins of climbing + 30 mins party room
Min 10/ Max 20 guests
\$50 per guest

Blacklight Climbing:

Add 30 mins of Glow in the Dark climbing to make your party one to remember for an additional \$50!

