

# ROCKOUT!



## TRC'S OUTDOOR CLIMBING CAMP

RockOut! is TRC's outdoor climbing camp. On Wednesdays and Fridays every week the camp hits the road and takes a full day climbing outdoors. We visit the Peter's Kill area in Minnewaska State Park, and Pinnacle Rock in Plainville CT. Both offer a variety of challenges and difficulties, and are made of totally different types of rock. We use these days out to really use everything the campers have learned during the indoor sessions each week.

In RockOut! the campers belay and back-up belay for each other, so everyone is always involved in active participation. RockOut! camp has plenty of fun on the rocks, but also teaches personal responsibility, patience with others, and the general toughness that outdoor climbing requires. Weather happens, and sometimes we shift the outdoor days, but we do our absolute best to get the camp out to the cliffs twice in the week.

These are big days! We depart TRC at 7:30am sharp and get to the cliffs around 9 or 9:15. Then we climb, climb, eat lunch, possibly rappel, and climb some more. Traffic varies, but we try to get back for 6:30pm pickup at TRC.

## Why Climb Outside?

Indoor climbing and outdoor climbing are different sports. Though complementary, what makes outdoor climbing so special is the experience of it all and what you learn from your days outside on the rocks. Everything makes a difference: Your partners, your instructors, your personal climbing challenges, the details of weather and the amazing wildlife make each outdoor climbing day a real opportunity, not only to have fun but really to grow.

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## Why Choose TRC?

RockOut! is an *in-house* climbing camp. We do not hire out for guides on outdoor days. Though there are many good local guides out there, they're still strangers until you meet at the parking lot. Our instructors develop a relationship with the kids early in the week and take that forward to the outdoor days with better knowledge of each camper, so everyone's experience can be unique and special. Our Head Instructors on the outdoor days have broad climbing knowledge and are familiar with the areas we visit; often climbing there themselves. Head instructors hold the Single Pitch Instructor credential from the American Mountain Guides Association, and The Rock Club is still the only gym in the country to be an accredited business by the AMGA. (Provide Links)

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## What makes this camp special?

Teamwork is fundamental to the spirit *and* the operation of our camp. There are no loners, and though some activities are optional, we are one, interdependent group out there. We teach the Leave No Trace principles and what it means to be a good climbing partner: a person who is fun, well trained, trustworthy, aware of their surroundings and responsible for themselves. Campers will end their week with the sense of pride, accomplishment, and loaded with a wealth of new climbing experiences.

Registration Details	
Ages	10-17
Times	Each program session runs Monday through Friday. Indoors Sessions: Mon, Tues and Thurs: 9am - 1pm Outdoors Sessions: Weds and Friday: 7am-6pm Transportation to and from the climbing site is provided by van.
Price*	Full Week Sessions: \$625 per week with 10% for each additional week when you sign up for all weeks at once 2 day mini-sessions (Wed & Fri): \$415 (participants must attend a full session of Rock OUT! first, Camp TRC does not qualify. Cancellations with less than 48 hours notice will be charged 50% and cancellations with less than 24 hours will be charged in full unless the spot is taken by another camper on the waiting list. In this case there is a \$150 placement fee.
Extras	All campers will also receive a TRC camp t-shirt + Individual Climbing Photo

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