

# Class Rates & Information



Unlimited Classes	
Annual (Unlimited Classes)	\$500
Month to month - (Unlimited Classes)	\$50/month (no contract, no commitment)
Student/Au Pair Unlimited Classes Membership The Rock Club Add On or NRRC Add On	\$30/month or \$300/year
Functional Room Only Membership (no classes)	\$10/month

Premium Memberships	
\$85/Month; Tier 2 Membership	Includes 4 weeks of meal plans, 1 personal training session per month, & text support by Peter Marino.
\$300/month; Tier 3 Membership	Includes customized meal plans, 4 personal training sessions per month, & full online /app fitness analysis by Peter Marino.

Meal Plan Services	
\$20/ per 4 week meal plan	Meal plan of your choice; Holistic, Protein Focused, Paleo, Gluten Free, Gluten Free/Dairy Free.
\$95/ customized meal plan	Peter Marino will work with you to make a customized meal plan.

Discounted Rates	
<i>Discounts are available for the following groups:</i>	
<ul style="list-style-type: none"> <li>- Additional Family Members - Students and Teachers - Military, Police and Fire Fighters</li> <li>- Corporate Memberships - New Rochelle Racquet Club and The Rock Club Members</li> </ul>	
*Pricing Available Upon Request*	

Phone: 914-636-1004 [info@pinebrookfitness.com](mailto:info@pinebrookfitness.com)

# Class Rates & Information



## Family Plan Unlimited Classes

Annual (Unlimited Classes up to 4 family members)	\$999.00
Month to month - (Unlimited Classes up to 4 family members)	\$99/month (no contract, no commitment)

## Couples Plan Unlimited Classes

Annual (Unlimited Classes for couples)	\$700
Month to month - (Unlimited Classes for couples)	\$70

## Couples Premium Memberships

\$150/Month; Tier 2 Membership	Includes 4 weeks of meal plans, 1 couples training session per month, & text support by Peter Marino.
\$450/month; Tier 3 Membership	Includes customized meal plans, 4 couples training sessions per month, & full online /app fitness analysis by Peter Marino.

## Discounted Rates

*Discounts are available for the following groups:*

- Additional Family Members - Students and Teachers - Military, Police and Fire Fighters
- Corporate Memberships - New Rochelle Racquet Club and The Rock Club Members

\*Pricing Available Upon Request\*

Phone: 914-636-1004 [info@pinebrookfitness.com](mailto:info@pinebrookfitness.com)

# One on One & Small Group Training



Always a discounted rate for our members!

## Master Trainer for Members

Packages	Rates
1 session (1 hour)	\$85
10 pack (1 hour/session)	\$800
10 pack (1/2 hour/session)	\$400

## Master Trainer for Non-Members

Packages	Rates
1 session (1 hour)	\$95
10 pack (1 hour/session)	\$900
10 pack (1/2 hour/session)	\$450

## Small Group Training 2-6 people

1 Session	\$40 / Person
10 Sessions	\$350 / Person